Listing of Claims:

This listing of claims reflects all claim amendments and replaces all prior versions, and listings, of claims in the application. In brief, claims 1-32 have been canceled, without prejudice; and new claims 33-53 have been added. Applicant reserves the right to pursue the canceled claims, in original or amended form, at a later time.

1 - 32. (Canceled)

33. (New) A method of bone fixation, comprising:

securing anchor portions of a bone plate to respective bone regions disposed on opposing sides of a bone discontinuity; and

deforming the bone plate after the step of securing to change a relative angular disposition of the anchor portions and thus of the respective bone regions to which the anchor portions are secured.

- 34. (New) The method of claim 33, wherein the step of securing includes a step of securing the bone plate to each of at least two bones.
- 35. (New) The method of claim 33, wherein the step of securing includes a step of placing bone screws through openings of the anchor portions and into the respective bone regions.
- 36. (New) The method of claim 33, wherein the step of securing includes a step of securing the anchor portions to a radius bone.
- 37. (New) The method of claim 36, wherein the step of securing includes a step of securing the anchor portions adjacent a volar surface of the radius bone.

- 38. (New) The method of claim 36, wherein the step of securing the anchor portions to a radius bone includes a step of securing the anchor portions to a distal portion of the radius bone.
- 39. (New) The method of claim 33, wherein the step of deforming includes a step of twisting the anchor portions relative to one another.
- 40. (New) The method of claim 33, wherein the step of deforming includes a step of bending the anchor portions relative to one another.
- 41. (New) The method of claim 33, the bone plate having a bridge region disposed between the anchor portions, wherein the step of deforming includes a step of selectively deforming the bone plate within the bridge region.
- 42. (New) The method of claim 33, wherein the step of deforming includes a step of adjusting the relative angular disposition of the bone regions to more closely approximate a natural alignment of the bone regions.
- 43. (New) The method of claim 33, wherein the step of deforming is performed with at least one tool, the method further comprising a step of engaging the bone plate with the at least one tool before the step of deforming.
- 44. (New) The method of claim 43, wherein the step of engaging includes a step of placing a portion of the at least one tool into an opening of the bone plate. .
- 45. (New) The method of claim 44, wherein the step of placing includes a step of rotating the at least one tool into threaded engagement with the bone plate.
- 46. (New) The method of claim 43, wherein the step of engaging includes a step of gripping the bone plate with the at least one tool.

47. (New) The method of claim 46, wherein the step of deforming includes a step of deforming the bone plate at a predefined deformation region of the bone plate, and wherein the step of gripping includes a step of gripping the bone plate at spaced sites flanking the predefined deformation region.

48. (New) A method of bone fixation, comprising:

securing anchor portions of a unitary bone plate to respective bone regions disposed on opposing sides of a bone discontinuity by placing fasteners through apertures defined by each anchor portion; and

applying a deforming torque to the bone plate after the step of securing to change a relative angular disposition of the anchor portions and thus of the respective bone regions to which the anchor portions are secured.

- 49. (New) The method of claim 48, wherein the step of securing includes a step of placing bone screws through the apertures and into the respective bone regions.
- 50 (New) The method of claim 48, wherein the step of securing includes a step of securing the anchor portions to a radius bone or a finger bone.
- 51. (New) The method of claim 48, the bone plate having a bridge region disposed between the anchor portions, wherein the step of applying a deforming torque includes a step of selectively deforming the bone plate within the bridge region.
- 52. (New) The method of claim 48, wherein the step of applying a deforming torque is performed with at least one tool, further comprising a step of placing the at least one tool in threaded engagement with the bone plate.
- 53. (New) The method of claim 52, wherein the step of placing the at least one tool includes a step of placing a pair of tools in threaded engagement with spaced

apertures of the bone plate, and wherein the step of applying a deforming torque includes a step of selectively deforming the bone plate between the spaced apertures using the pair of tools.

54. (New) A method of bone fixation, comprising:

securing anchor portions of a unitary bone plate to respective bone regions disposed on opposing sides of a discontinuity in a bone by placing bone screws through apertures defined by the anchor portions;

placing at least one tool into a pair of openings disposed at spaced positions along the bone plate; and

applying a deforming torque to the bone plate via the at least one tool after the step of securing to change a relative angular disposition of the anchor portions and thus of the respective regions of the bone to which the anchor portions are secured.

- 55. The method of claim 54, wherein the step of securing includes a step of securing the anchor portions to a distal portion of a radius bone.
- 56. The method of claim 54, wherein the step of placing includes a step of placing the at least one tool in threaded engagement with the pair of openings.